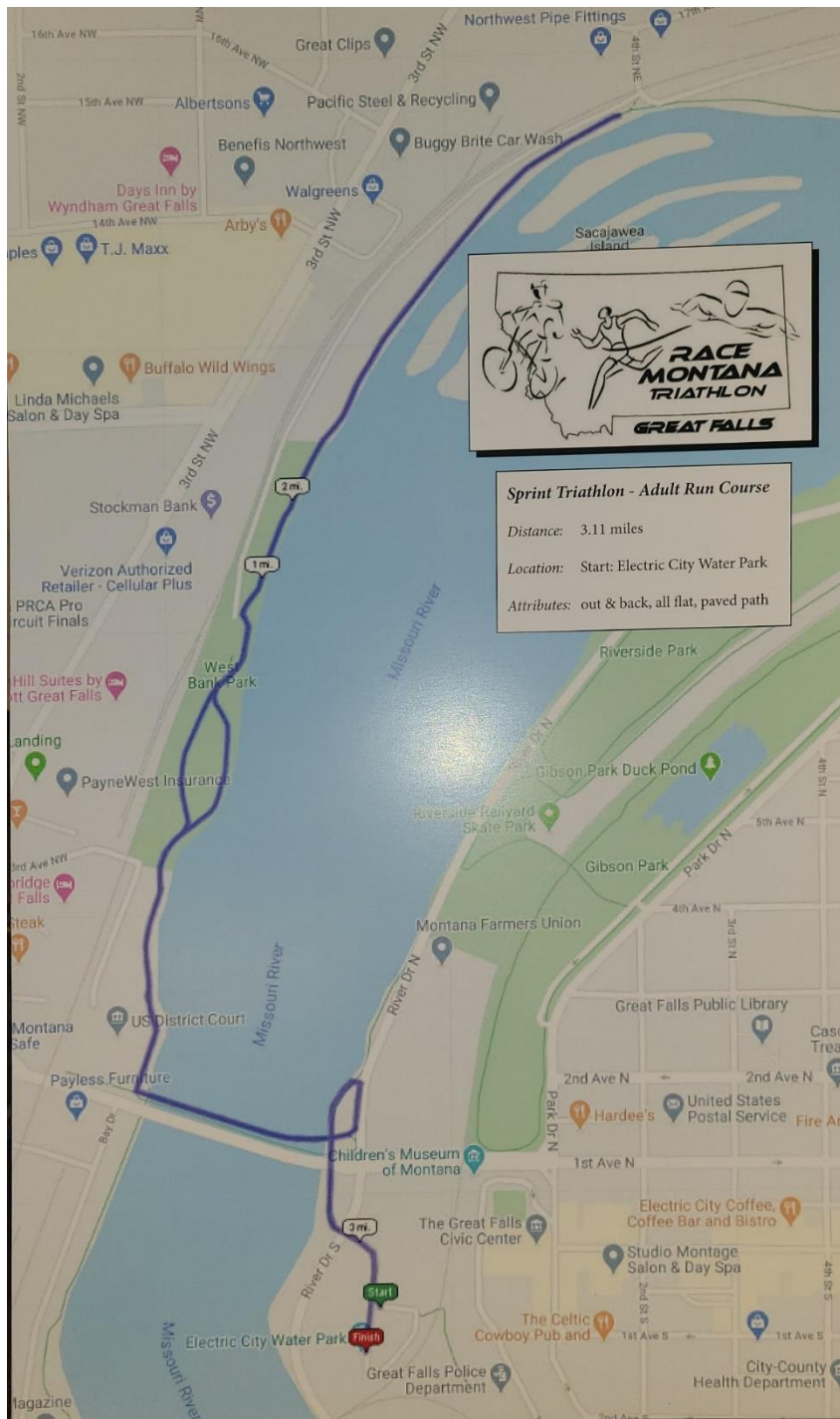
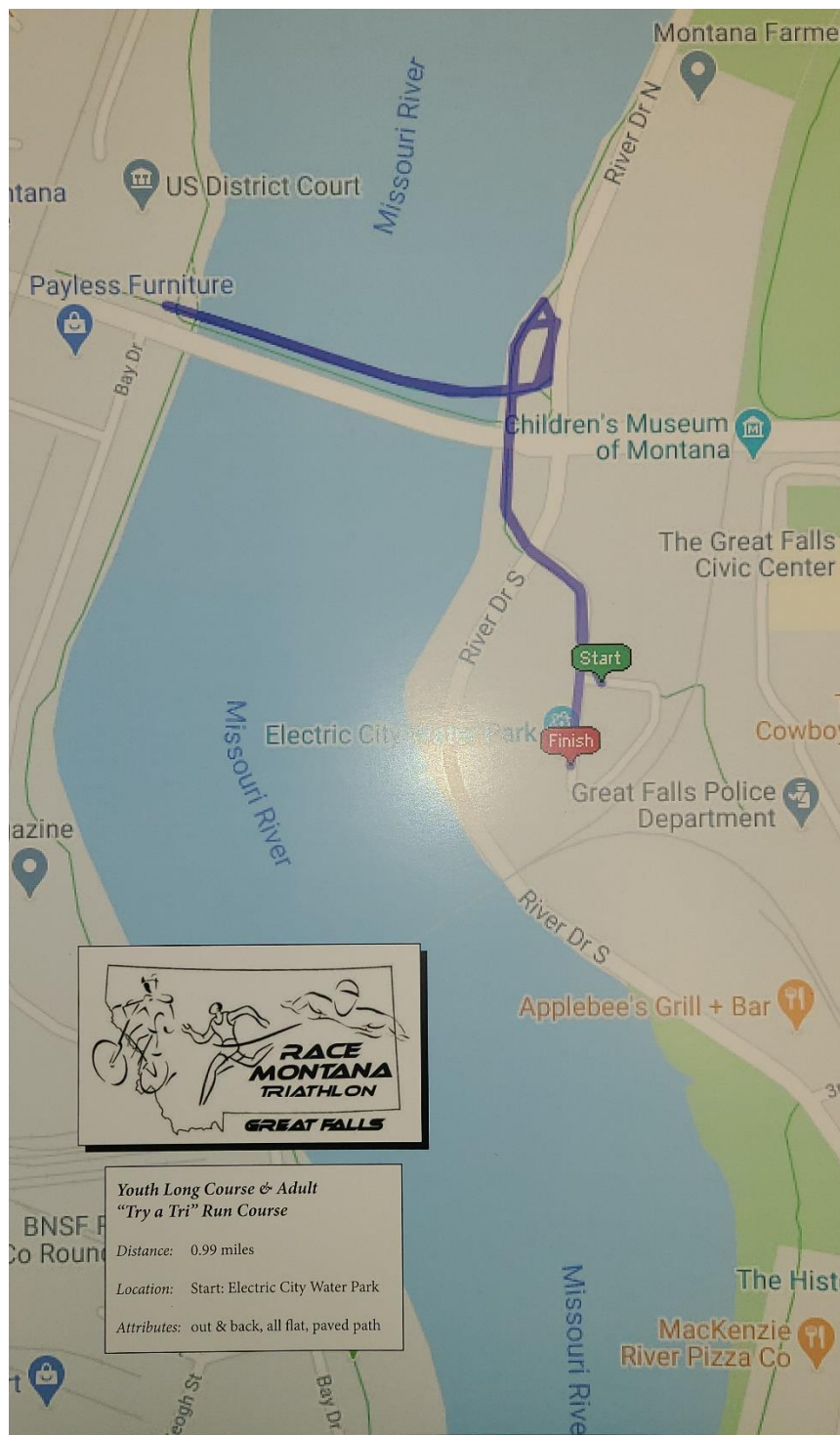


Sprint Tri and Duathlon Bike course



Sprint Tri and Duathlon (2nd) run course



Duathlon 1st run and Try a Tri run course



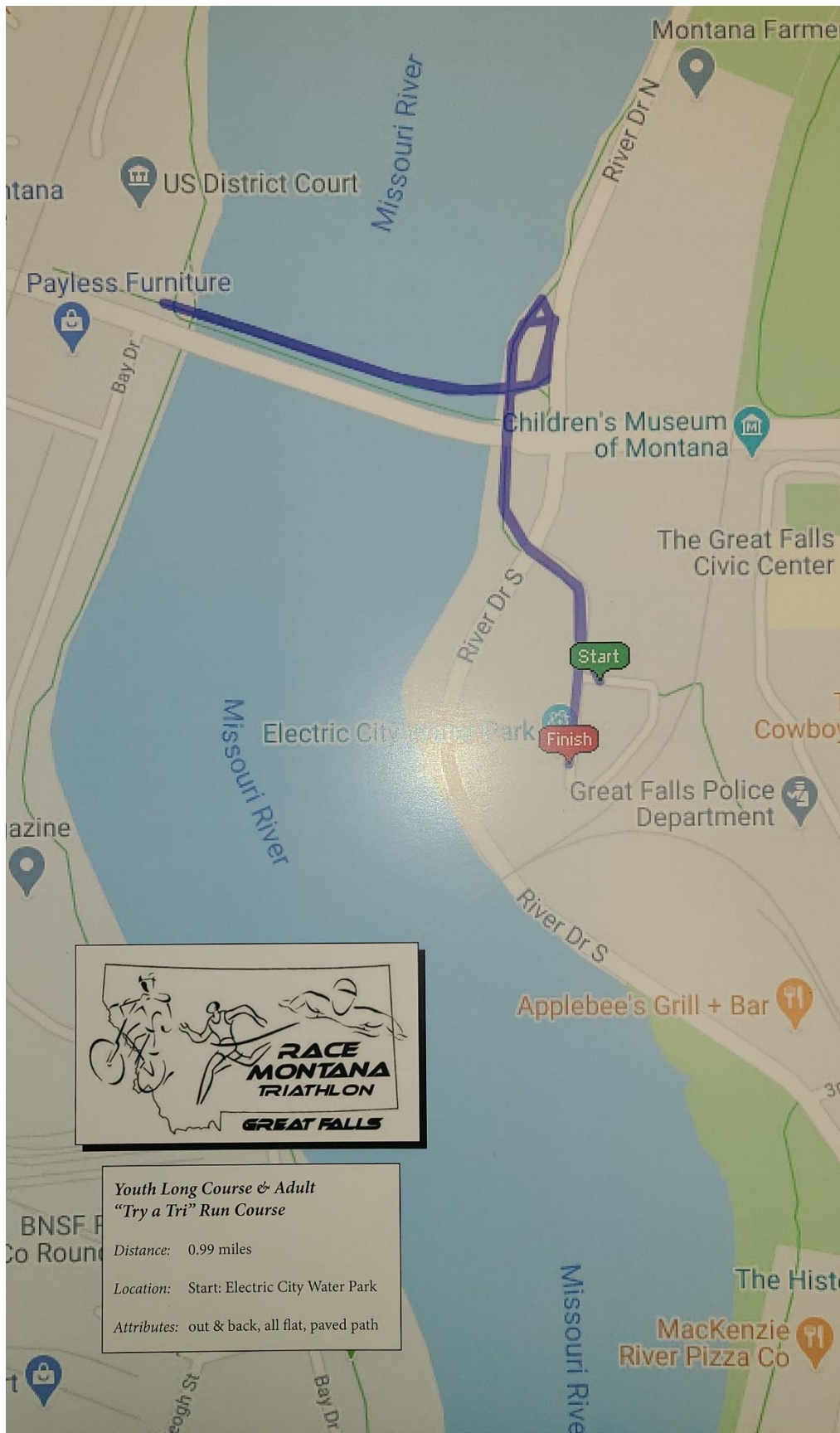
**Youth Long Course & Adult
"Try a Tri" Bike Course**

Distance: 2.89 miles

Location: Start: Electric City Water Park

Attributes: out & back, mixed flat & hills,
paved path





**Youth Long Course & Adult
"Try a Tri" Run Course**

Distance: 0.99 miles

Location: Start: Electric City Water Park

Attributes: out & back, all flat, paved path



Youth Short Course Bike

Distance: 1.07 miles

Location: Start: Electric City Water Park

Attributes: out & back, all flat, roads

